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Humility comes with singularity

Maitreya Rael, Raelian Gathering, June 08, 79 aH (2025), Okinawa, Japan

Good morning, everybody!

This week brought many very interesting scientific news.

Do you remember my teaching about the Zen monk who tells the young student, “Sit down”? When the student arrives, eager to learn meditation, the master simply says, “Sit down.” After a while, the student asks, “What is the exercise?” Same question after twenty minutes, then thirty minutes. The master still replies, “Sit down.” After an hour, “Sit down. That’s all.”

A scientific study published this week confirms that if you sit in silence without speaking for just ten minutes, the number of your neurons increases. So simple! Just sit in silence.

We are now entering the era of singularity. It’s not happening all at once, it’s a gradual process, but the number of scientific revolutions is growing every day. In China, robots are now everywhere and improving everything. It’s a real explosion of progress.

A Chinese doctor recently performed surgery from Spain – remotely, through a computer – on a patient in China. No travel, no physical presence. You need surgery, you lie down, and a doctor thousands of kilometers away operates on you. That’s happening now! Had someone explained this forty years ago, people would have said, “You’re crazy!”

Just like today, if someone says, “I met beings from a UFO, and they gave me a message explaining how they created life.” People still respond, “You’re crazy!”

Yet the singularity brings developments even more “crazy” than that, every single day. You must pay attention to the scientific news. We are living in a fantastic time; a fantastic and beautiful time.

And who are the happiest people in this transformative era? The Raelians! For nearly fifty years, I have been preparing you for what is unfolding now. People used to laugh at you; now, they don’t laugh anymore. It’s fascinating to see how Raelians are perfectly adapted to this new age of singularity, in every aspect: quantum physics, quantum computing, and so much more. What seems unimaginable to the average person, to us, is, “So what? We’ve been saying this for fifty years!”



“We are close to the moment when singularity will end the need to “understand”—we will simply feel, use, and enjoy this knowledge. That is true knowledge. ”

Scientists recently discovered that at the core of atomic particles, going deeper into the particle of the particle of the particle, lies the symbol of infinity. They observed the yin-yang, just like the one on South Korea’s national flag. You can find it online; they photographed it. Inside atoms, they saw the exact symbol. How could people thousands of years ago in China or Korea have known this? They had no microscopes, no electron technology, and yet they drew that exact symbol. It was a belief. But now, we see it with a microscope. It’s no longer a belief; it’s a fact. For Raelians, this is not surprising, but for others, it’s shocking.

The Message from the Elohim has been preparing us for this moment for fifty years. At that time, no one even imagined the concept of singularity. Today, everyone is talking about it.

Everyone knows about DNA. But you, Raelians, were the first; the first to talk about DNA, cloning, eternal life. Understand how privileged you are to have received the Elohim's Message. It's not a god commanding you. It's advanced beings, men and women like us, preparing us for science, real science, because there is real science and false science. Scientists used to claim that the Earth was flat; it was not real science.

Even today, with vaccines and new technologies, people say, "We must follow the science." But the very essence of science is something that must not be followed. Science is never an answer; it's always a question. Scientists never claim certainty, "Here is a vaccine, it will save humanity." No! A real scientist asks, "Why?" Each discovery, each question, brings more questions: universe, atoms, particles. While false scientists give answers saying, "This is how atoms work," real scientists say, "Why?" That is science. The word "why" is at the core of science.

"You see something, you see the proof." No, what you see is the question! And very advanced scientists now are doing that when they explore the infinitely small and infinitely large, because it's the same. We know it's the same; nobody knows that. But advanced scientists, very advanced ones, who are using quantum computers, the more advanced they become in their understanding, the more they say, "We don't know!" Real scientists don't know; false scientists know everything. But they know nothing! And the more you study, the more you have tools to explore the infinitely small or infinitely large, the more you understand that there is nothing to understand.

You've heard me say this for years, "Feel infinity, don't try to understand it." It's impossible. It's infinity. The more we delve into the infinitely small or the infinity of galaxies and the universe, the more we realize we cannot fully grasp it. We are close to the moment when singularity will end the need to "understand". We will simply feel, use, and enjoy this knowledge. That is true knowledge.

Another recently published discovery: consciousness is everywhere; in every animal, in plants. Some real scientists even asked a remarkable question – that's why they are scientists, "Is the Earth conscious?" That's their question. As they explore, they measure and they say, "It looks like Earth is conscious." Fifty years ago, asking that would have landed them in a psychiatric ward. Today, based on their research and measurements, they are daring to ask it, "Could the planet be conscious?" Of course, it is!

The universe itself is conscious. Not supraconscious, but conscious. Even bacteria exhibit forms of consciousness. For example: my cat likes to catch little Japanese mice in the park. Many of you have cats, and they usually defecate in a box. Scientists discovered a parasite in cat feces that lives in the intestines. That's why you must never let cats, dogs, any animals, lick your mouth. To reproduce, these bacteria and parasites must reach other cats, but how? These parasites end up in rat intestines when rats eat the feces or lick cat urine. From there, they move to the rats' brains; and once there, they control the rats! Normally, a rat runs from a cat, but infected rats go toward the cat, attack it, and get eaten, allowing the parasite to reach its goal: another cat's gut. If that's not consciousness, what is?

You can see it; consciousness is everywhere, in everything alive. Even butterflies are an example. They have two consciousnesses; one as a caterpillar, one as a butterfly. Here is a great question for science: "Is the caterpillar conscious it will become a butterfly?" That's interesting. The DNA of a caterpillar is totally different from the one of the butterfly. The caterpillar's DNA modifies itself to become a butterfly's DNA. Consciousness is everywhere! "Does the butterfly remember being a caterpillar?" These are very interesting questions that remain unanswered. All these top scientists who pretend to know everything about the universe, the atoms, they don't know. They say, "We don't know, but it's happening."

We are living in an extraordinary moment in human history, a moment of singularity where we can understand everything; and in doing so, understand that we cannot understand. That's difficult for many scientists. Their training insists that everything can be explained. But the most beautiful scientific moment is when a scientist finally says, "We cannot understand." And that's where science and spirituality meet. There is no spirituality without humility. You cannot be a great philosopher, a great spiritual teacher, like Lao-Tzu, without humility. And for science, it is the same. True science begins with the humility to say, "Not only we don't know, but we will never understand." That's a radical idea for a scientist! The very essence of a scientist is that if they work hard enough, they will understand everything. That's where spirituality and science come together.

Religious leaders say, "We cannot know everything about God or the Elohim." It is the mystery of God. Just receive the message of love, follow their teachings, and stop trying to understand everything. Just accept it: it is.

It's the same in science and in religion. And yes, both can fall into the illusion that they understand. Nobody can understand God. Nobody can understand the Elohim. Think about the level of their science! We can slowly open our brain and say, "The Elohim came and created life on Earth using DNA." That's kindergarten level. They say, "We can move solar systems." That's not the same league. Nobody can understand.

So, infinity is in religion, and infinity is in science. Our symbol explains it all. And how ironic is this: at the beginning of the Movement, people were shocked by the swastika in our symbol, accusing, "How dare you use a Nazi symbol?" But now, they're shocked by the Star of David, "How dare you use the symbol of Jewish people killing Palestinians?" The same symbol, and yet it includes everything, especially infinity.

And we are very, very lucky to know everything, including that we cannot know everything.

Enjoy this privilege.

Thank you, Elohim!



The happiness of your toes is as important as the happiness of your brain

Maitreya Rael, Raelian Gathering, June 15, 79 aH (2025), Okinawa, Japan

For this beautiful day, thank you, Elohim!
 For this beautiful planet, thank you, Elohim!
 For this beautiful life, thank you, Elohim!
 For this beautiful happiness, thank you, Elohim!

Happiness is part of our DNA. When we forget to be happy, we betray our DNA. Happiness doesn't require any effort. Sadness requires effort. Naturally, when you wake up, you are happy. Every day, naturally, when you wake up, even before opening your eyes, happiness is inside. You have to feel it. When you stop feeling, you can be without happiness, and you can create sadness, negative thinking, and have a terrible day. Having a terrible day requires a lot of effort; it's not easy to be sad. And it's very easy to be happy, no effort, it's in our DNA.

When you wake up, every cell of your body wakes up. Feel it! What do we do, usually, when we wake up? Most animals do the same: we stretch. What's happening? Naturally the body is happy to wake up. You don't think, "Oh, I need to stretch." No, it's coming. My cat, a lucky cat, sleeps sixteen hours every day; as soon as I wake him up, immediately it stretches. It's natural; every animal does it.

Sometimes, I go walking on the little road here, and there are horses. So funny, because when horses sleep, they don't lie down, they sleep standing up. And I can feel when they are sleeping, they stand up but they sleep. Many animals don't need to lie down to sleep. There are some beautiful birds, they fly for two months, and they sleep flying. Naturally, they are just flying, letting the wind support them, for two months, without landing; and ten to twelve hours a day, they sleep. So, the horses, if you are lucky enough to pass when they wake up, they stretch. It's so funny to see that. We don't imagine horses stretching like us.

What happens when we stretch? It's our body talking, saying, "I'm happy to be alive." You see the position of the body: happy people, their shoulders are down; people who are stressed, their shoulders are up. And this week, there was a scientific publication about a little tool to measure the distance between the shoulders and the head, which shows your level of happiness or stress. Naturally, when you are a little bit stressed, or in a difficult moment, you don't pay attention but you compress your shoulders and look down, because you cannot look up with the shoulders like that. You wake up, naturally the shoulders go down, and the body is talking to you; each cell, everywhere in your body, expresses our DNA, which is happiness.

So, this is not happiness. When you see people like that, they are not happy; but naturally, if you just make a little effort to open, first of all, the breasts of girls are more beautiful; for me, it's very important. If you contract, the breasts disappear. If you want to put the tits out, tits are happy when they can show themselves; when you are really happy, they come out. This is the natural position of happiness. Simple!

So, when you wake up, feel this natural physical happiness. No need for meditation; naturally, the body wakes up happy! After, you can have a meditation, but immediately before opening your eyes, there is the process of waking

up. All the body reconnects, all the organs reconnect, the heartbeat changes, the liver, every organ works differently, and all have the same message, “Happy to be alive!”



“Happiness is part of our DNA.
When we forget to be happy, we betray our DNA.
Happiness doesn't require any effort.
Sadness requires effort. ”

But if you don't listen to your body, you can betray it, "What a terrible day, what a terrible life. It's raining." Naturally, you change the rhythm of your heart; you change the rhythm of your breathing. When you see other people sleeping; the breathing is very regular, very calm. But stressed people, their breathing is different, their heartbeat is different; their body is not happy. If you let it be natural, happiness comes naturally; while you need a lot of effort to be sad. So, it's better to save energy!

People who are not happy are much more tired. Happiness doesn't require energy, but to be not happy, you need a lot of energy. That's why people who are not happy drink a lot of coffee, or tea, or smoke cigarettes, or take drugs, because they become exhausted, very tired, just by being not happy. You know it, if you have a day where there is a lot of stress, or unhappiness, at the end of the day you are totally exhausted. And then, you have difficulty sleeping, because when you are too tired, you have difficulty sleeping. And the next day, you are more tired; it's a vicious circle. So, when you wake up, let your DNA express itself. DNA is happiness; it's a natural state to be happy, it doesn't require any effort. So, if you want to have good energy all day, be happy!

That's what you have to do every day. Remember, the first thought – I was already teaching this many years ago – the first thought is important. And this first thought must be of happiness. It's not difficult; it's so easy to be thankful, "Ah, today it's sunny." "Oh, today we go to a gathering with Raelians, we have a contact this morning". Aren't you happy with that? You should fly! Coming to the gathering this morning is "flying". Normal people say, "Ah, today I will travel to Hawaii", and they feel happy, because of the trip. But coming to the contact is much better than going to Hawaii. It cannot be a better place. You come and you spend some time with Maitreya, listening to his teaching. Can there be a happier day? So, think about it when you wake up! And keep this happiness.

You are Raelians; you are lucky enough to be recognized by the Elohim. You all did your cellular plan transmission. Do you remember? What did I say? "The Elohim recognized you!" You are recognized by the Elohim. If you are not happy with that, nothing can make you happy. You are all guided by the light of the Elohim. In every footstep you will do during the day, the Elohim are walking with you; when you laugh, the Elohim are laughing with you; when you meditate, the Elohim are meditating with you, in every part of your life. With that, if you forget to be happy, you have a big problem.

I like this sentence of a philosopher, who says, "When you are alone, if you feel lonely you are in a very bad company." I repeat, because it's very important, "When you are alone, if you feel lonely you are in a very bad company." You! The bad company is yourself! If you are alone and feel lonely, you are in bad company. How to be in good company? By being happy! If you are happy with yourself, you are in good company. Your company is you! You are with yourself forever, every second of your life. So, do you want a company, you, to be good or bad? If you are happy, you are in a very good company.

Happiness is your best friend, and for that you need nobody, only you!

The three questions: "Where am I? Why am I here? Who is with me?" All these steps increase the power of happiness. Right now: "Where are you?" Think about it, feel it. "Why are you here?" You have the answer. And most importantly, the dessert: "Who is with you?" Thousands of Raelians, around the world, dream to be here right now. Some are reading this thanks to the Internet, thinking about us; but you, you are with me here! So, think about it every morning, feel it, feel this happiness coming from each cell of your body. If you feel happiness, it's not only in

the head, even in your big toe, or the little one; the little finger is also happy. It's a good training to feel happiness in the little finger.

One of the meditations I do in the morning, to slow down aging – you know, many people do this kind of exercise, it's part of the Buddhist meditation – but another one: you contract the left hand, at the same time the right toes, and there is a connection that is interesting; and then other side. You make your body feel one. The happiness of your toes is as important as the happiness of your brain. Every cell of your body, when you are happy, feels it. Saying that they feel it is not strong enough, they are part of it.

Instead of saying, “I am happy”, what you should say is, “We are happy.” It's a population; millions of cells that are happy at the same moment. And that's why dancing is very important, because suddenly all the body is moving in happiness. Meditation also. Don't make the mistake of the beginners, who think that meditation is only happening in the brain. I always say to the beginners, “Meditate with your big toe!” This full body is a population. There are eight billion people on Earth, but there are billions of cells in your body. So, it's more, “We are happy.” You can talk to your big toe, “Are you happy with me?” There was a singer in Quebec, singing for his toes, to feel this oneness and to be happy. Are you happy? – [I am.]

Not only with me, but also with your brothers and sisters. Yes, I am aging, and I can disappear quickly, but even the youngest one can die any day; any day, each of us. And we can imagine the next Sunday without one of the Raelians; any of us. So, the same beautiful emotion of the privilege to be close to me, have it also to be close to each other. You are unique. You are the only ones. That's a privilege to be together. And when we wake up, we have to think about all our brothers and sisters, and feel how lucky we are to be alive at the same time, because it passes so quickly.

Some are now in the sky. I can name so many names. But we are alive; we live close to each other, if not in the same house, on the same island, on the same planet. Enjoy it, each second.

I wish you a beautiful day, a beautiful eternity, not only one day.

Love is action

Maitreya Rael, Raelian Gathering, June 22, 79 aH (2025), Okinawa, Japan

We are messengers of the Elohim, and we are messengers of infinity. But before all, we are messengers of love. We can use only this word for one hour: love. Love is the only way to save humanity; that every human being wakes up in the morning thinking about love, everywhere on Earth.

This morning, I was watching a speech I gave many years ago, the video is still available. I was explaining that I don't want to be human. To be human is to bomb Hiroshima; to be human is to bomb Nagasaki; to be human is to create war in Ukraine; to be human is to kill thousands of children in Gaza. This is to be human. I don't want to be human.

Some people use this sentence as an insult, “He is not human!” Some people criticize me saying, “Rael Maitreya is not human.” That's the most beautiful compliment for me. I don't want to be human! Humans should be love, and love, and love only. On Earth, except in some minorities, there is no love. People wake up every morning ready to hate, ready to kill, ready to let people die in the street because they have no food. This is the planet where we live.

So, in the infinity of the universe, they are watching us, “What kind of beings are these humans?” When somebody is bad, they say, “Oh, you are human!” It’s becoming an insult. So, don’t be human, please! Humans should be an example for the universe; it’s disgusting now to be human. Disgusting! While people are having parties, going to expensive and delicious restaurants, spending millions on beautiful houses, beautiful cars, at the same time, children are dying in Gaza. I cannot fall asleep without thinking about them; not so much about them, but about the lack of reaction of humanity.



“We are messengers of the Elohim, and we are messengers of infinity. But before all, we are messengers of love. We can only use this word for one hour: love.

Love is the only way to save humanity. .”

Like Albert Einstein said, one day, “Humanity will not be destroyed by people doing evil, but will be destroyed by people watching it and doing nothing!” You kill thousands of people, you create drama everywhere, no problem. Millions of people watch it live on TV and do not react. I just wonder, “Where am I?” That stupid militaries kill people, it’s “normal”; but that all humanity watches it on TV and has a normal life, this is disgusting! Humanity is disgusting! They should react.

They have an organization called the United Nations. In every little conflict, in the past, they were sending militaries to protect civilians. They were called “Blue Helmets”; military but only belonging to the United Nations. The United Nations is a beautiful idea. It was created after the First World War; at that time, it was called: League of Nations (*Société des Nations*). The dream was, “We create an organization where all nations of the world are represented.” A beautiful idea, so there will be no more wars. This was beautiful, but it didn’t work. Nobody cared; they continued to make wars everywhere. And finally, the Second World War, with Hiroshima and Nagasaki, so they said, “Okay, we have to create something new to make it impossible to have any war”, and they called it: United Nations (UN). Beautiful!

And they said, “This time we will organize so we have the tools to make wars impossible.” What was the tool? An international army. Beautiful idea! It’s similar to what is written in the Elohim’s Message: a world army going and stopping any war, anywhere. And the soldiers of this army are wearing blue helmets. Beautiful! If two countries start to fight, the United Nations sends Blue Helmets to stop the war. Fantastic! But when Israel is killing thousands of people in Palestine, there is not a single Blue Helmet, nobody! They don’t care. If it was working, the United Nations should have sent an army to stop the fight, to protect the Palestinians. Nobody moved! In Ukraine, thousands of people die every day; no Blue Helmets. Nobody moves! So, it’s a failure, a total failure.

So, that’s to be human. I don’t want to be human. I want to be a conscious being, a supraconscious being. That should be our dream. But “human”, this word is forever garbage; nobody is moving! People prepare their vacation; they travel the world; they spend millions on shopping. Nobody cares about Ukraine or Palestine. You know! There were thousands of children killed in Palestine. Everybody knows it. Everybody knows that tomorrow it will be the same. Nobody moves a finger; they don’t care! Who are they? Humanity! Humanity. The whole universe is thinking, “What are these garbage people?” And some minorities of conscious people, like us, cannot accept it. We want to do something; we can’t. We should have an international organization running to protect people. Nothing! That’s the planet where we are.

You are very lucky to live at the time of the prophet. Ten years ago – ten years – I said, “Please, all Jewish people, real Jewish people, leave Israel.” Ten years ago! There was no Gaza war at the time. The Elohim sent me a message, “It’s time to leave Israel.” Some conscious Jewish people left, but the majority didn’t care, “We have the power, we have guns, we will kill all the Palestinians.” An Israeli minister said, “Palestinians are not humans. So, we can kill them like animals, they are not human.” That’s caused by the poison of the Jewish religion. The poison of the Jewish religion says, “We are the chosen people. We are Jewish, we are on Earth to dominate the world.”

And they were in majority in Germany, where another person, Adolf Hitler, said, “We are the people who should dominate the world.” Jews and German Nazis, same thinking. And of course, Germany was stronger and they killed six million Jews. That was the Nazi Shoah, and the Jewish people did not know where to go, so they went to Palestine, because Palestine was ruled by England, and England was very emotive about the terrible things happening to the

Jewish people. Palestine was an English colony, so they said, “Jewish people, go to Palestine!” And they did. Many boats came, bringing refugees, Jewish refugees, to Palestine. And the Palestinian people, full of love, human beings, welcomed them as refugees. That was after the Second World War. And the people who suffered the Nazism, those who were almost destroyed, now do the same thing to the Palestinians!

I cannot understand. No conscious human being can understand. You escape the Shoah, the extermination; you escape, you survive, you lose many members of your family in Auschwitz and other concentration camps, then you go to another country, and you do exactly the same. Even a very advanced brain cannot understand. How can you do to other people what was done to you? And to totally innocent people! It’s not even revenge, because Palestinians were never involved in the crime of Nazism; but the Jewish government wants to destroy, to completely eliminate the Palestinian population. I look at the sky and ask, “What am I doing on this planet? Where am I? Why am I here?”



For me, it’s unthinkable from the people who suffered the most, the Jewish people, who have a very clear message from the Elohim, “Thou shalt not kill.” You don’t need to come from a top university to understand that; nothing can be simpler. In the Bible, the holy book of the Jewish people, it’s written, “Thou shalt not kill.” Okay? It is written, but they kill, and they kill, and they kill. More precisely – because the Elohim knew what was possible – it’s written clearly, “Jewish people must not have a country.” It’s written! “Jewish people must not have a country. You must go around the world, living in other countries, bring the wisdom of the Bible, but do not create a country.” It is written!

Real religious Jewish people refuse Israel; they protest every day; they are called “Orthodox Jews”. They refuse to be part of the military people of Israel. Thousands and thousands of Jewish religious people are against the existence of Israel – they are everywhere – because they want to respect their religion, which clearly says, “As long as the Messiah is not back, do not have a nation.” But they do, and

they kill, and they invade, and they send bombs on Syria, on Lebanon and now on Iran. They are ready to kill everybody. There is a project, because Israel has more than a hundred atomic bombs, and some crazy ministers organized a project, which is called “Masada Project”: if all armies destroy Israel, hundreds of atomic bombs go on every capital of Europe. In other words, “If we disappear, you also disappear!”

This is to be human! I don’t want to be human. This is what is condemned clearly in the Bible, “Thou shalt not have a nation.” Jewish people should be an example for the world, spreading the beautiful message of the Elohim, saying,

“Thou shalt not kill.” And they kill. It’s a question that I ask every day to the Elohim, “What is this world?” And the answer is, “We are here to change it.” It’s our mission: love, only love. And you are messengers of the Elohim. You are messengers of infinity; but number one, you are messengers of love. When you do this Free Hugs action that I initiated, you are changing the world. It takes time, it’s not happening in 24 hours; but every move you make, every word you say, are changing the world. So, more than ever, feel it! In whatever action you do.

We cannot change the world by killing stupid presidents. We can change the world by spreading love. You do it every day, when you give the Message to someone new; when you sing the Message; when you dance the Message; when you hug. Who is hugging? Not only you. The Elohim are giving a free hug to humanity. Why don’t the Raelians build the Embassy immediately to welcome them? Because we need to have a peaceful world to welcome them! We have to create this world, and we are doing it, every day.

When you hug someone, you change the world. Very simple! When you wake up and think about love, you are changing the world. No need to take a gun and make revolution, just giving love, spreading the Message, forgiving people who are bad with you, giving love, again, and again, and again.

That’s my mission. My mission is a very small mission. I’m just here to save humanity! A very small mission, and I can only do it with you. Think about it every morning, “Why am I Raelian? Why am I doing this in that tiny organization, following a crazy Messenger?” What are you doing? “I am saving humanity!” If you repeat that every morning, then you do it. Thank you, Elohim!

We love the Elohim. When we do that, we become what we are, not humans, but supra-humans. Don’t try to be human, be supraconscious. Supraconsciousness is Love; you send love to the universe, and the universe sends you love. You send love to the Elohim, and the Elohim send you love. And you feel it for all your life.

I love us. In everything I do, everything I say, you are part of me. I am moved by your love. My food is not kimchi or sushi; my food is your love. Love is just a word, but when we do what Raelians are supposed to do, love becomes action. If not, it’s just a word. It’s like when you are with somebody you pretend to love – many men and women are like that – “Oh, I love you, I love you”, but they do nothing. Real love is to be ready to give your life for the person you pretend to love; to be ready to give your life for humanity you pretend to love. If not, it’s just a little group in meditation, “We love the Elohim, we love humanity”, that’s blah, blah. You have action: Free Hugs. Hugging people saying, “Hey, I am alive, I am with you and I love you.” This is action! Are you ready to give your life for peace? That’s not just, “I love you.” No! Prove it! Love is action, and you are doing it.

Always remember, in every action you do, the Elohim are with you. You give life to the Elohim when you spread their Message. If not, it’s just what we call in French, “lettres mortes”, meaning “dead letters”. We say that something you don’t apply stays “lettre morte”. Like Buddha says, “You have the right thinking.” Yes, that’s easy; thinking of love, of peace, harmony, “Allahu Akbar”. Yes, that’s easy, it’s blah, blah. Then, you have to have the right words. And finally, and the most important, the right action: Free Hugs; bringing a cup of coffee to somebody who is ready to die by jumping into a river; doing, doing. The Message is beautiful; don’t let it become “dead letters”. It’s in your actions; it’s only in your actions that the Message of the Elohim is alive. You are, you are the messenger of the Elohim.

When you live the Message, every day is our birthday. Counting the years is just counting the number of times we go around the Sun. People in the universe, watching the Earth, are laughing, “What are they celebrating? Ah, one turn around their star!” Every day is a birthday, the birth of supraconsciousness.

We don't thank the Elohim enough – not me, I'm just a postman – but those who sent the Message. We never say enough, “Thank you, Elohim.” And how to thank them? By your actions! Many people are alive on Earth thanks to you. You know, the number of suicides in Japan is skyrocketing; and there will be – I'm sorry to say that – more and more suicides. That's to be human. You cannot accept what's happening in the world. Conscious people cannot be completely happy thinking about Palestinians. It's normal, on this planet, to be depressed. If you are not depressed by what's happening in Palestine, Ukraine and everywhere, you are not conscious.

So, the only way to be healthy is to carry the Message of the Elohim, who shows us how not to become human but supra-human, and we never say enough, “Thank you, Elohim!”

Me, I want my life to be a permanent, permanent, “Thank you, Elohim!” To make a little poetic image, every step I walk on the Earth is, “Thank you, Elohim!” We can all do the same. Beautiful!

I have two dreams

Maitreya Rael, Raelian Gathering, June 29, 79 aH (2025), Okinawa, Japan

Just something about the actuality. You know, we Raelians are dreamers. We are all different but we are dreamers! And your leader is more of a dreamer. I am the dreamer of dreamers. To accept the mission, I accepted I had to be a dreamer! No serious person can accept that. What a challenge! But thanks to the wonderful grandmother I had, from when I was very little, she told me about the yin and yang, that everything positive has a negative side, and before all, everything negative has a positive side. People who are not dreamers, the realists, believe that they are close to the reality, but they are far away from reality. The reality is the yin and yang: everything positive has a negative side; everything negative has a positive side. Remember that in your life, for your own happiness. To laugh, you need to cry; and to cry you need to laugh. It's “one”.

The actuality is about Palestine. The drama is there, the biggest drama probably in the whole history of humanity, where you can see, on your telephone, every day, a genocide. It's the first time in the history of humanity! There have been many genocides, but for the first time everybody can see it live. Those who went through the period of the Nazi Holocaust could after use the beautiful excuse of saying, “We didn't know. Oh, we didn't know! If we knew, we would have stopped them.” Beautiful hypocrisy; it's not true. Now they know, and they don't move a finger.

People live a normal life. Every day, they see children dying and they say, “Oh, this is terrible!” But they do nothing, they do nothing! And when it ends, and it will end in a big drama, it will be beautiful to see all these politicians, all these people with a beautiful consciousness, because nobody will be able to say, “We didn't know.” That's fantastic! That makes me laugh out loud every day. Nobody will be able to say, “We didn't know.” You didn't have a telephone? First question. You didn't watch TV? Nobody will be able to say, “I didn't know.” And that's, wow, that's nirvana: nobody will be able to engage in hypocrisy. If somebody dares to pretend, “I didn't know”, all peace lovers will have

an opportunity to laugh, make fun of them, and if possible, send them to prison! “You didn’t know? Did you live in a cave? No TV, no Internet? Poor you!” But everybody knows; everybody knows and nobody moves.

They created an international organization, the United Nations, so that everywhere there was a conflict – in Serbia, in many, many places – they sent the Blue Helmets. The Blue Helmets are the army of the United Nations. It exists, but in Serbia, and especially in Gaza, there are no Blue Helmets. In 24 hours, there would be thousands of Blue Helmets if they decided; military who would make sure that food goes to the children. In a few hours, they can do it. Nobody moves, nothing; you can die! This is a crime against humanity.

And of course, Israel is guilty. But like Albert Einstein said, “The problem in the world is not people doing evil; the problem is people who watch and do nothing!” Those who watch, politicians in every country in the world who watch and don’t move a finger, are guiltier than the army. That’s happening now. And more importantly, everybody knows. Nobody can say, “We didn’t know.” They know; they knew yesterday, they will know tomorrow, but they don’t move. And every day, hundreds more children die. And what is terrible, it’s a tiny, tiny state, named Israel, which is not even a state – the State is Palestine – it’s something like nine million people. And eight billion people are watching. It’s as tiny as a fly. If the large countries move, Israel disappears in 24 hours, and the killing of children stops immediately. But nobody moves. And all the politicians of the world are guilty. “For all the blood of Palestinian children, Israel is responsible”, they say. “It’s not our fault.” Yes, it’s your fault! You have millions of militaries in the world that can stop this immediately. Nobody moves!

Finally, two States, Iran and Yemen, send bombs on Israel. Finally! There are more than four hundred million Muslims around Israel. Nobody moves! Only Iran and Yemen dare to send bombs on Israel. All the Arabic countries should have done the same to stop children dying every minute. None of these Arabic countries can say, “We didn’t know.” They know, and they watch their telephone every day, and they watch their television every day; but they don’t move a finger! Some people, some other dreamers like us, send little ships to bring food to Palestinian children. And now there are, finally, about four thousand Arabic people, civilians from many countries, moving toward Israel. Not with guns, not with weapons, with food for the children. This is happening. Four thousand only! Who are these people? They are dreamers like us! So, you are not alone.



The future of humanity will be protected by dreamers. Don't think, "Oh, I am just a dreamer, I want peace and love, but I have no power." You have the power. Every thought, every meditation for peace, every hug for peace, change the world. You have the power! And you are not alone. Millions have dreams on this Earth; they just need something to trigger their movement, and you are. And these four thousand civilians from Algeria, Tunisia, every Arabic country, are walking on the road to bring food. Dreamers! Dreamers with lots of food. In front there are tanks, there are guns, there are machine guns, there are bombs. They bring food.

Not so long ago, the most powerful army in the world – it was not the United States; it was England – occupied and colonized India. And one dreamer won and expelled the English people. Everybody was saying, "He is crazy." He was Mahatma Gandhi. Mahatma Gandhi defeated the biggest army in the world. So, all the peace lovers of the world can defeat all the armies of the world, because love is more powerful than weapons. You are. Don't think, "Oh, I'm just a dreamer, I can do nothing." Gandhi woke up one morning and said, "I can do something." This little Indian man did it. Four thousand Arabic people, living a small poor life, like you, watched their television and saw children starving, and they said, "I will go! I will go!" And they are going. No weapons, but food. And that is more powerful than every army of the world.

So, there is bad and good, yin and yang, but the good always wins! And you are the good. So, don't lose hope by watching the news, by watching Maitreya's Facebook, with many photos of the terrible suffering of children. Why does Maitreya, who is a peace lover, publish so many photos of children suffering? Why? Because we care! Being a peace lover, a big dreamer, means that you will change what's happening. And we are doing it! And "we" is not only Raelians but millions of people; they don't wear a medallion, they don't know about the Elohim's Message, but they are touched by the suffering of Palestinian children, and they decided to go.

I have two dreams. One is to create a world brigade. Do you remember? There were, a long time ago, some brigades, a group of military people. So, I dream of a world movement of people who say, "I want to go to protect Palestinian children." It's an impossible dream, and because it's impossible we need to try. Because eight billion people cannot accept that seven million people on a post stamp state let them kill the children. Everybody talks about the war between Palestinians and Israelis. What is a war? You need two armies! There cannot be a war if there are no two armies. There is only one army; and children! It's not a war, it's genocide, it's extermination! So, all human beings with consciousness should stand up and say, "We need to move!"

And my second dream is attacking the roots of this problem. Like when you are gardening, if you cut the weed, it grows back. So, to make sure it doesn't grow back, you remove the roots. As long as there are roots, it comes back. And what are the roots of war? Money! It's all money. And all the people who have the power of money are financing wars. And when everything is destroyed, like in Gaza, they are already happy to rebuild. Who will rebuild the houses in Gaza? The same companies involved in the weapons industries (they could be buying or selling, they are pushing for wars)! American companies are in the first line to help rebuild Gaza, to help rebuild Ukraine. They already think about the profit they will make. And where does this money come from? Who will pay? The slaves, the citizens; the Americans, the English, the Europeans, the citizens who pay taxes every year. They send the money collected by these taxes to pay for weapons; and after, they send it to companies to rebuild. It's happening! And we know who is behind it. It's well known as BlackRock; very wealthy people, billionaires, like the Rothschild and many others. It's a very limited list of thirty people: thirty people who own more than half humanity! And now we have AI, quantum computers, very advanced systems, and many young people who love to navigate the Internet.

Do you remember, a long time ago, there was a dreamer, another dreamer, maybe you remember his name: Robin Hood. He was a beautiful dreamer; he was stealing money from rich people to give it to the poor. Not to become rich but to give it to the poor. He existed for real. So, I dream that many young people, young or not so young, who love the Internet, create a Robin Hood commando. Because money is now all-electronic. Banks are connected by the Internet, and the transfer of money is all-electronic. So, some computer geek, that's the name, could create a commando that can be called the "Robin Hood Commando", steals the money of these thirty "wealthy" people and gives it to everybody. That's my dream.



How is it possible that millions of people accept that thirty people own everything? Thirty people! Thirty people who own everything! So, I hope you will spread this idea of a "Robin Hood Commando" to rob the billionaires. Can you imagine waking up, owning more than half humanity? Could you look at yourself in the mirror? It's happening! And you know, there was the French Revolution; it's a beautiful story that you know. Beautiful. The king of France was very rich, and all the people of France were poor. So they made a revolution, and they killed the king and the queen. But he did own not even 1% of what these thirty people own! The king of France was very poor compared to these thirty people today. And they made a revolution, and they caught the king. So, it's time to do the same with the "Robin Hood Commando".

We are here to be dreamers. It's an impossible dream, and because it's an impossible dream, we can do it. You are like Gandhi. Let's do it together!

Me, something makes me laugh, because it's very sad. It's very sad but it makes me laugh. Now, hundreds of thousands of Jewish people are leaving Israel, so many. So many that the government of Israel makes it forbidden to leave. Before they said, "Jewish people from all the world come to Israel, it's a safe place for you." But thanks to Iran, it's the most dangerous place for Jewish people. And so, everybody panics, and they leave. There is a queue, a huge queue in every border to leave Israel. And some of these people knew, they read my text ten years ago. Do you remember my text ten years ago? A message from the Elohim saying, "Jewish people, leave Israel, you are not protected, you are in danger." It's on the Raelianews.org site from ten years ago. Many people said, "Maitreya is crazy!" And now they are in the airports trying to leave Israel. Some of them know.

You have the privilege to know before it happens. It's happening, and that's the privilege to be with a prophet, you know in advance what will happen.

Another prophecy: there will be no more Israel soon – it's happening – but there will be Palestine. Jewish people and Arabic people, Muslim people, Christian people, lived peacefully together in Palestine for thousands of years.

Another information that you also heard of. A top American university did a research: 80% of Israeli people have no genes of the Jewish people. The Prime Minister, Netanyahu, is Polish; his real name is Polish but he changed it to look like he's from Israel. It's fantastic to witness all that. And what is more interesting, more Palestinians have DNA of Jewish ancestry. Palestinians are the real descendants of the original Jewish people, the rest are coming from Europe: Poland, Ukraine, everywhere. Some were born in New York, they came to Israel and they said, "This is my land." This is so funny. And now they panic and they run away. It's a drama, but it's so funny. It's so funny that you cannot imagine a more funny comedy. It's happening, check on your phone.

So, I tell you in advance, the Elohim inform us in advance of everything happening. And it's very connected to us, because we have to build the Embassy to welcome the Elohim. The Elohim explained clearly that it doesn't have to be in Israel; Palestine, Iran, everywhere is possible. And before coming to this gathering, I saw the news: China is sending people who make the atomic bomb to Iran. And I keep saying that every country needs to have the atomic bomb. Many Raelians left saying, "You are for peace, how can you push all countries to have the atomic bomb?" But what is the opposite? The opposite is, "We, white supremacists, the United States, Europe, we can have the atomic bomb, because we are more intelligent, more wise, we would never use it against civilians. But black people, Indian people, Iranian people, you are inferior, you are not wise enough to have the atomic bomb." That's a clear message; it's pure racism! If everybody has the atomic bomb, we will then reach a level where they will destroy all atomic bombs. That's the goal, that's the ultimate goal; maybe thanks to quantum computers and artificial intelligence.

There was a book where a guy imagines the artificial intelligence of every country connecting in order to create a program to save humanity. Beautiful! Not to dominate humanity, but to save humanity. And all the artificial intelligences from the United States, Russia, China, from everywhere are connected, "How can we save humanity? We take all the atomic bombs, all the weapons of the Earth, and we send them to the Sun." Beautiful! Beautiful! Yes, that's the only way: to remove their toys, so we finally we can live in peace. But people are afraid of artificial intelligence. I repeat what I always say to the journalists, "I'm not afraid of artificial intelligence, I'm afraid of natural stupidity!"

Happiness Academy

Europe: Italy, Tuscany on June, from 17 to 21







Europe: France, Vogüé, Ardèche, on June, from 29 to July 5





Asia: South Korea, Madalfi, Chungbuk on June, from 20 to 22



